

Main Chopai: Baal Kaand – Doha 176

Kaal pai muni sunu soi raja | bhaeu nisaachar sahit samaja ||
Dus cir tahi bees bhujadanda | Raavan naam bir baribun-da ||

Meaning:

Listen, sage, in due time this king and all his household were born as demons. He had ten heads and twenty arms; his name was Raavan, a formidable and valiant warrior